



NAVIGATING CRISIS

Vision: Our vision is to provide a weekly, step-by-step guide to help people prepare before a given threat becomes a reality. We encourage you to print and keep a collection of these weekly guides and website information. We also suggest you keep your collection in a notebook in case there is a loss of the internet and power at the very time you need these guides.

We believe as you consider these guidelines and prepare, you will gain the knowledge and skills to adapt to the anticipated threats. These guides may not address every contingency but, being prepared for threats and disasters in general helps individuals gain the peace of mind that they have done what they can do to enhance their chances for safety, survival, and the well-being of their communities. This resource and comprehensive approach foster resilience and prosperity in challenging times when many others may be caught off guard.

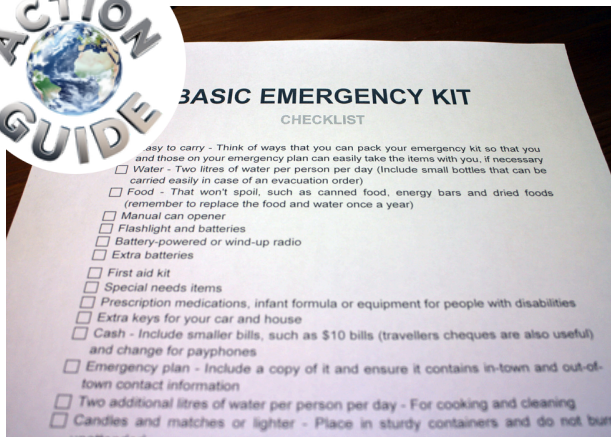
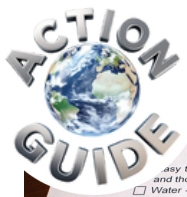
EEPIISODE – NAVIGATING CRISIS with www.CRIOUT.Com

Our expert is SEAN MALONE – As founder of Crisis Response International (CRI), Sean has led **over 60 disaster relief deployments** to war zones, earthquakes, floods, and more worldwide. He has trained **tens of thousands** to respond and fulfill the Great Commission in times of crisis.

You can see our WWT podcast at:

<https://vimeo.com/1069627208?share=copy#t=0>

INTRODUCTION: Step-by-Step Guide how to manage Preparedness and Navigating Crisis Worldwide.



INTRODUCTION

Topic One

Podcast Content with Sean

- Introduction – The Overall Vision of CRI
- How to Advance Prepare For Food Water & Medicine
- How To Advance Prepare for a Crisis
- Responding to a Crisis & By Keeping Cool
- The CRI Training System – www.CriOut.com
- Understanding the Importance of Preparedness

Preparedness means taking proactive steps to ensure you and your family can respond effectively during emergencies. This includes understanding potential risks in your area, such as natural disasters (hurricanes, earthquakes, floods), political instability, or health crises (pandemics).

Notes



Food Preparedness

Topic Two

Emergency Preparedness Guide: Food, Medicine, and Crisis Readiness

In today's unpredictable world, being prepared for emergencies—whether they stem from severe weather, political unrest, or other crises—is crucial. This guide will provide essential tips on preparing food supplies, securing necessary medicines, and ensuring overall crisis readiness, with a focus on the role of organizations like Crisis International.

Food Preparedness

Stocking Up

Non-perishable Foods: Aim to have a stockpile of non-perishable items. These include canned goods, dried grains (rice, beans), pasta, and dehydrated meals.

Special Diets: Consider any dietary restrictions or special needs. Stock gluten-free, vegetarian, or allergen-free options as necessary.

Water Supply: Maintain a minimum of one gallon of water per person per day for at least three days. Store additional water for pets and sanitation.



Food Preparedness

Rotation and Maintenance

Check Expiration Dates: Regularly check the expiration dates of your food supplies and rotate them to ensure nothing goes to waste.

Proper Storage: Store food in a cool, dark place to extend shelf life. Use airtight containers to protect against pests.

Cooking Equipment

Portable Cooking Solutions: Consider having a portable camping stove or grill, and ensure you have enough fuel for cooking if the power goes out.

Notes



Medical Preparedness

Topic Three

Medicine Preparedness - First Aid Kit

Basic Supplies: Your first aid kit should include band-aids, antiseptic wipes, gauze, adhesive tape, and pain relievers.

Prescription Medications: Keep an adequate supply of prescription medications, along with copies of prescriptions and any necessary medical documents.

Health Essentials

Vitamins and Supplements: Stock essential vitamins, especially those that support immune health, as these can be crucial during times of crisis

Medical Devices: Ensure that any medical devices (like inhalers or blood sugar monitors) are in working order and have backup supplies.

Medical Records: Have a printed copy on hand.

Durable Medical Equipment: Keep a list of equipment and contact info from suppliers and service companies.

Wound Supplies: Have a full stock to cover emergencies.



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Notes

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Advance Crisis Preparation - Have a Written Emergency Plan

Topic Four

Family Communication: Establish a communication plan for your family. Ensure everyone knows how to reach each other and where to meet if separated.

Evacuation Routes: Familiarize yourself with local evacuation routes and shelters. Have a plan for transportation if needed.

Community Resources: Keep a list of first responders, hospitals and emergency housing.

Crisis Response International

Engage with organizations like Crisis Response International, which provides resources and support during emergencies. They can offer guidance worldwide on best practices for preparedness and response, helping communities develop resilience against various crises.

Notes



Training & Awareness

Topic Four

Emergency Training: Consider taking courses in first aid, CPR, and basic survival skills. Being equipped with knowledge can significantly enhance your readiness.

Stay Informed: Keep abreast of local news and alerts. Understanding the current climate—whether political, environmental, or health-related—can help you anticipate and respond effectively.

Mental Preparedness

Crisis situations can be mentally taxing. Prepare yourself and your family by:

Discussing Scenarios: Talk through potential scenarios and your plans. Familiarity can reduce anxiety during an actual event.

Stress Management Techniques: Incorporate stress relief practices, such as mindfulness or exercise, to maintain mental health during crises.

Notes



Topic Six

Notes

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PEACE & SPIRITUAL LIVING

Topic Seven

Do You Want to Have Peace & Spiritual Authority?

Jesus is the Way to the Father

14 Jesus said to his disciples, ‘**Do not be sad or afraid.** Believe in God and believe in me. ² There are many rooms in my Father's house. I will go now so that I can prepare a place for you there. If it was not true, I would not have told you this. ³ After I have prepared a place for you, I will return. Then I will take you so that you will be with me. You will be where I am...²⁷ I will go away but I will give you a gift of peace. It is mine to give and yours to keep. It is not like a gift that this world gives. Do not let yourselves be sad. Do not be afraid. ²⁸ You heard me say to you, “I will go away, but I will return to you.” (EEV)

If you are not walking in peace or need prayer, we can help you by introducing you to Jesus and giving you free information that will help. We welcome you to contact us by phone **888-391-0354**, email at info@theworldwidethreat.com or text us at **828-330-4883** and we will be glad to discuss all of this.

Peace is directly associated with spirituality. If you have not considered spirituality, now would be the time to develop it while we are in a relatively peaceful time.



PEACE & SPIRITUAL LIVING

Topic Seven

Do You Want to Have Peace & Spiritual Authority?

Seeking a relationship with God makes sense when so many things will be out of your control during a worldwide threat, family troubles, health troubles and financial crisis.

Believing Jews look to the God of Abraham, Isaac, and Jacob to bring them peace. Prophecies of the Messiah help the Jews focus on God as their victor and keeper. For Jews, their bible predicts the coming of the Messiah who will protect them and establish his forever kingdom.

Those who know the Jesus of the Christian Bible will deal with stress completely differently than those who do not. There are several reasons for that. First, the bible is full of prophecies foretelling the birth and mission of Jesus to make peace between God and mankind in addition to his return to set up a kingdom of His peace. Jesus came and fulfilled the prophecies of his birth, death, and resurrection. Christians have a great deal of evidence that he will keep his promise to return and ultimately establish worldwide peace. The well-known Christmas prophecy hundreds of years before his birth in Isaiah 9:6 identified Jesus as the Prince of Peace. He offers that peace to you today if you but ask (John 14:27).

Prophecies are comforting and stress reducing because they come from a loving Higher Power that is communicating with his people what to expect. Prophecies for the Christian tell the nature of the times in which Jesus was, is and will be.



PEACE & SPIRITUAL LIVING

Topic Seven

Do You Want to Have Peace & Spiritual Authority?

Join Worldwide Threat Family. Please share these guides and podcasts to friends and family so you are prepared for the threats. Part of that preparation is to do your part to support the local storehouse that helps people in need, otherwise known as the local church. Both Jews and Christians know the importance of this principal from the example of Joseph in the Old Testament storing up goods in the storehouse. If you do your part to support your local church, God promises to protect the remainder of your supplies in Malachi 3:10-18. That should give you some peace as well.

To see the start of the **WorldwideThreat.com** movement please consider visiting www.LiveInThePresence.com. We produced a video series called Living in the Presence. These shows were produced in different places in the world and primarily show how people in difficult and life-threatening situations live a life of peace and prosperity in many ways.

We hope to see you next Thursday for latest instalment of the Worldwide Threat. Until then, we will leave you with one last thought. Jesus says in John 14:1-3, 27-28



Disclaimer: The ideas and suggestions in these guides are not meant to provide professional advice. We suggest you communicate with professionals in all areas to design and prepare for any threats you or your family may face. These guides and information are provided free for you to share with friends and family but may not be copied or used for commercial or business use without our written permission.

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